

Summer Screentime Rules

- 1. GET DRESSED** (brush teeth, do hair, etc)
- 2. EAT BREAKFAST**
- 3. CLEAN YOUR ROOM** (make your bed)
- 4. DO CHORE**
- 5. READ FOR 30 MIN**
- 6. EXERCISE FOR 30 MIN**
- 7. CREATIVE TIME FOR 20 MIN**
- 8. LEARNING TIME FOR 30 MIN**

